

COMMUNITY HEALTH ISSUES

Violence Against Women and Community Safety

We conducted a community safety audit, and hosted the Toronto "Take Back the Night" march. The organizing committee continues to meet monthly in order to advocate and plan future action on this issue.

Lack of Recreation Facilities

The youth of our South Etobicoke Youth Assembly have taken the lead on this issue, attending city consultations and planning and hosting a public meeting at which city officials and our local Councillor responded to concerns.

Housing

This continues to be a major focus of our advocacy efforts. We have received a grant of \$10,000 to explore possible sites and the feasibility of establishing a Community Housing Corporation.

Environment

In response to community concerns, Toronto Redi-Mix and Draglam Salt (the owners of 207 New Toronto Street), have agreed to temporarily relocate their concrete batching plant operations to city-owned properties on 200 Horner Avenue. Also, the Lakeview Generating Station is permanently closed. Lakeshore residents may now breathe easier.

Oppression/Racism

We continued our training initiative on "Welcoming Diversity". This year 22 workshops were conducted at LAMP (for program participants, students, volunteers and Board members) and in the community (Humber College, Daily Bread Food Bank).

FINANCIAL REPORT • 2004–2005 FISCAL YEAR

Where the money comes from...

Ministry of Health and Long Term Care	\$4,242,003
Ministry of Community, Family & Children's Services	\$ 537,822
Ministry of Training Colleges and Universities	\$ 62,400
City of Toronto	\$ 228,663
United Way	\$ 311,249
George Hull Centre	\$ 106,052
Federal Government	\$ 127,211
The Ontario Trillium Foundation	\$ 81,112
Donations, Fund-raising, Interest	\$ 307,333
Rental, Consulting, Membership, Deferred Income	\$ 281,608

Where the money goes...

Primary Care	\$ 873,987
Ministry of Health Programs	\$1,826,121
Ontario Early Years	\$ 559,268
Speech, Chiropody and Occupational Health	\$ 547,379
Among Friends	\$ 175,143
Street Level	\$ 112,638
Rathburn Area Youth Program	\$ 120,313
ASK!	\$ 243,458
Renovations/maintenance	\$ 168,556
Depreciation	\$ 242,633
Other programs (18 programs under \$100,000)	\$ 702,012
Administration	\$ 488,253
Rent	\$ 179,205

NOTE: Complete audited financial statements are available upon request from the office of the Executive Director

2004 BOARD OF DIRECTORS

Valerie Alston
 Maureen Boulter, Vice Chair
 Robert Currie, Secretary
 Michelle Davies
 Pauline Golding
 Brian MacKay
 Susan Milankov, Chair
 Keith Pownall
 Suman Roy, Treasurer
 Mary Tountas
 Albert Veira
 Trevor Wellington
 Ann Woodruff

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Board Chair:
 Susan Milankov

Executive Director:
 Russ Ford



Annual Report 2004-2005

LAMP Community Health Centre

LAMP, your local Community Health Centre provides comprehensive health services by a team of Physicians, Nurse Practitioners, Social Workers, Dieticians, Chiropodists and Speech Pathology staff.

We also provide programs, services, information, advice and referrals to help you stay healthy.

We advocate for public policies which improve the health of our community

Working together with our funders, coalitions and community partners we have served the Lakeshore residents for 29 years.

Serving the Lakeshore Community for 29 Years

CHAIR OF THE BOARD REPORT

Next year marks LAMP's 30th anniversary. That's a long time and a testament to our ability to adapt and grow as the needs of our community change.

Thirty years is a long time and the Lakeshore was a very different place then. We are now what is referred to as an "inner city suburb". What that really means is that we are no longer that small bedroom community west of Toronto. We are now part of the urban landscape and with that we have experienced many of the social issues that other more downtown communities have faced for years.

We don't have to be paralyzed by these issues, we can embrace them. LAMP has always been part of the solution for this community not by just doing, but by involving the community. That's the legacy of thirty years of service and it remains one of our central values and directions for the future.

While the past has been exciting, the future is also very optimistic. Over the past year the Government of Ontario has created seven new Community Health Centers and 15 satellites of existing centers. LAMP was fortunate enough to be given a satellite in East Mississauga, which we hope to open early next year. Community Health Centers are now being recognized as leaders in health care and we must take some credit for that awareness.

I would like to conclude by thanking the staff for all their efforts over the past year. I would especially like to thank the many long-term employees who have stuck with this organization and continued to give their talents even in the tough times. Our legacy of service is also their legacy. Finally, I would like to acknowledge the work of my colleagues on the board. I am honoured to be counted among this group of talented, dedicated, and thoughtful individuals who work so well together for the good of LAMP and their community.

Susan Milankov, Chairperson



To our funders, and all the coalitions and community partners who work with us and to the 419 volunteers who provided over 18,400 hours of work to make LAMP the great organization it is.

EXECUTIVE DIRECTOR REPORT

It is hard to summarize a whole year in just a few sentences. Much has changed but on the other hand the excellent work that the staff and volunteers of LAMP have done over the years remains second to none.

But there is always something new at LAMP. One of the major initiatives was the development of a new strategic plan for the Centre. It was a process that involved a considerable amount of community consultation and engagement. As a result we have a plan, which will be our blueprint for the future.

After a period of rapid expansion, we received some new funding to enhance our existing services. Funding for our primary care service was expanded to increase the number of physicians from two to three. We also got funding for a registered practical nurse.

New programs were also created. Our Occupational Health program in conjunction with the WSIB has taken provincial leadership in raising awareness of occupational illnesses and diseases among Ontario's doctors.

After many years of asking LAMP received money from the Ministry of Health for a social worker. The creation of this position has been invaluable to addressing the many needs of the residents of our community.

The United Way continued to increase its allocation to LAMP allowing us to expand our youth programs as well as stabilizing the funding for our ASK program. We also received permanent funding for our youth program in central Etobicoke, which works with very high-risk adolescents.

There were many other highlights this year, notably the Awards of Merit celebration. More than 600 Lakeshore residents came to LAMP in June to celebrate our community and its spirit.

And of course who could forget the Pinball Clemons breakfast, which raised more than \$4,500 for our breakfast club programs. Mike Clemons's words about community and making a commitment to each other were an inspiration to all who attended.

Finally I would like to thank the many volunteers who truly make LAMP work. We could not do what we do without the many who give so freely of their time. I would like to especially acknowledge the work of our board of directors. This is a group of volunteers who provide great leadership to this organization.

Russ Ford, Executive Director

SERVICE TO CLIENTS

- We now have three MD/NP teams in Primary Health Care, and were able to open our practice to new patients in September.
- The introduction of laser therapy in Chiropractic has been a popular and effective addition to our practice. For example, wounds that have remained unhealed for two years or more are now healed in 6 to 8 weeks.
- The Diabetes Education program has reached increased numbers of participants. The counselling and group work offered at our site has been one of the busiest in the program, and outcomes show a 22% increase in knowledge of diabetes. In addition, a significant number of participants report having changed their diets, and increased their physical activity.
- Our Early Years program has opened its final 2 satellites, and these are now fully operational.
- The Occupational Health team has engaged in three community initiatives over the past year, aiming to promote awareness of occupational health issues among primary care practitioners.
- Our Health Promotion program "Out of the Cold" has expanded to include a pre-employment program – "Stepping Stones to Employment". We are also developing a business plan for a community economic development initiative with this population.
- We received increased funding from the United Way, which enables us to better support client services in our information and referral, food bank, and teen centre programs.
- We developed and implemented a Social Work program, which offers intake, information and referral, crisis intervention, some case management, consultation for staff, and a drop-in for clients needing ongoing support in a crisis.

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LAMP STRATEGIC PLAN

We completed an extensive environmental scan and had two separate planning sessions with board, management and staff in which we reviewed and modified our mission and beliefs and principles statements; developed a vision statement and completed a Strategic Plan. The Board of Directors approved the following on September 9, 2004.

Mission Statement

"LAMP Community Health Centre strives to improve quality of life by supporting people to reach their full potential. We do this by working in partnership with our community to address new and emerging community needs, and by supporting a wide-range of health care services, community programs, and advocacy initiatives that promote the physical, emotional, social, and economic well-being of our community".

Vision Statement

"We envision an inclusive, active, and healthy community where differences are celebrated, and people work together to identify and address shared issues and opportunities"

Beliefs/Principles

- We believe that everyone has the right to live in a healthy community.
- We value and respect people of diverse backgrounds and perspectives, and are committed to providing meaningful opportunities for our community to determine its own needs.
- We believe that everyone has strengths, and that each person has the right to both contribute to, and to be helped by their community.
- We are committed to fighting oppression in our community.
- Inclusiveness is a core value at LAMP.
- We believe that health is more than the absence of disease. It is influenced by social and economic factors.
- We are committed to helping everyone in our community get access to the resources and supports that they need.
- We believe that some members of the community have greater needs and fewer choices and therefore require more of our services, advocacy, and support. Empowering people strengthens the whole community.

Strategic Directions

1. Advocate or assist others to advocate on matters of public policy that impact on LAMP and those who use our services.
2. Further strengthen our core infrastructure to better support existing programs/services, and enhance our capacity to grow and respond to new and emerging community needs in the future.
3. Strengthen LAMP's relationship with its community.
4. Ensure LAMP's programs/services target and identify the most vulnerable and under served populations and geographic areas.
5. Focus on building community capacity.
6. Strive to reflect and respond to diversity in our community

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