

## ***Our Purpose:***

*To strengthen LAMP CHC's presence in the community.*

*To promote LAMP CHC's programs and services.*

*To build connections and new partnerships in the Lakeshore.*

*To raise awareness of our "Building a Healthy Community" strategy.*

*To increase our recognition as a place where people can go to get information, education, and support on broad topics and issues.*

## ***How to Build Community***

- Turn off your TV
- Leave your house
- Know your neighbours
- Look up when you are walking
- Greet people
- Sit on your stoop
- Plant flowers
- Use your library
- Play together
- Buy from local merchants
- Share what you have
- Help a lost dog
- Take children to the park
- Garden together
- Support neighbours schools
- Fix it even if you didn't break it
- Have pot lucks
- Honor elders
- Pick up litter
- Read stories aloud
- Dance in the street
- Talk to the mail carrier
- Listen to the birds
- Put up a swing
- Help carry something heavy
- Barter for your goods
- Start a tradition
- Ask questions
- Hire young people for all jobs
- Organize a block party
- Bake extra and share
- Ask for help when you need it
- Open your shades
- Sing together
- Share your skills
- Take back the night
- Turn up the music
- Turn down the music
- Listen before you react to anger
- Mediate a conflict
- Seek to understand
- Learn from you and uncomfortable angles
- Know that no one is silent though many are not heard, work to change this

***Join us on September 22nd, 2005  
for our Annual General Meeting***

# ***Awards of Merit***

***June 23, 2005***

*Photography Exhibit Inner City Visions/Silent Auction  
Indian Mehindi Tattoo Artist  
Food table  
Entertainment*

*Flutists Cindy Lee and Yeaseul Park Lakeshore Collegiate Institute  
Polish White Eagle Mississauga Song & Dance Ensemble  
6:00 -6:30 P.M.*

*Welcome from LAMP's Executive Director Russ Ford*

*Rotary Club of Etobicoke Scholarship  
Presentation by: Lynda Ryder  
Award Winner: Tonya O'keefe*

*Greetings from LAMP's Chair Susan Milankov*

*Greetings from Laurel Broten, MPP Etobicoke-Lakeshore*

*Patrick Farfan: Spanish Singer Cumbia Mix (Salsa)*

*6: 45 p.m.*

*Opening Remarks*

*Community Relations and Membership Committee's Albert Veira  
South Asian Dancers "SAJ" Academy of Dance*

*Awards Ceremony*

*MC Alicia Kay Markson*

*CTV News Toronto*

*Also LAMP Community Health Centre's  
Membership Campaign Chair for 2005-2006*

*African Dancing TC3  
Filipino Folkloric Dancers*

*Building a Healthy Community*



## *Awards Ceremony Continued (second half)*

*Breakdancing Drunken Monkz  
African Drumming*

*Dessert Finale*

*Chilean Dancers*

*Polish White Eagle Mississauga Song and Dance Ensemble  
Spanish Guitars: Pablo Gutierrez*

### *Community Relations & Membership Committee Members - June 2005*

**Aleksey Aptovcov**

**Sappho Mullins**

**Suman Roy**

**Albert Veira**

**Rita Sharmin**

**Trevor Wellington**

**Bette Kirk**

**Mame Fydyshyn**

*We would like to acknowledge  
and say special thanks to:*

**Joy Johns**

**Ontario Food Terminal**

**Laura Latham**

**Second Harvest**

**Bernadette Slingerland**

**The Rotary Club of Etobicoke**

**Kara Babcock**

**St. Michael's Ukranian Catholic**

**Campbell Company of Canada**

**Church**

**Humber Bay Shores Condomium**

**South Etobicoke Youth Assembly**

**Association**

**Lisa Falls**

**LCBO Employees (West District)**

**Alterna**

**North American Produce**

**Bosnian Islamic Centre**

## **2005**

## *Awards of Merit Recipients*

### *Individuals:*

**John Crawford**

**Pat Lewis**

**Gilbert Young**

**Art Lockhart**

**Kyriakos Platsis**

**Tashi Dhondup**

**Bill Simmill**

**Susan Nagy**

**Bob Russell**

**Margaret Gombita**

**Tonya O'Keefe**

**Irene Jones**

**Julie Northrup**

**Marie Deane**

**Doug Mills**

**Debra Selkirk**

### *Organizations:*

**The New Toronto Good Neighbours Organization**

**Martin Luther Church Day Nursery  
(35<sup>th</sup> Anniversary)**

**H.G. Porritt Real Estate  
(50<sup>th</sup> Anniversary)**

**Lakeshore Lions Club**

*Building a Healthy Community*